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HOMEGROWN HEALING: TRADITIONAL HOME REMEDIES FROM MEXICO



Berkley, 1998. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: For centuries, Mexicans have turned to local curanderos and yerberos'healers and herbalists'to cure ailments of the body as well as the soul.Now with this guide, anyone can learn these traditional methods, creating a "kitchen clinic" using herbal teas, poultices, tinctures, ointments, and more to find help for a wide range of conditions listed in alphabetized format for quick reference.Also included is fascinating information on...

Read PDF Homegrown Healing: Traditional Home Remedies From Mexico

- Authored by Annette Sandoval
- Released at 1998



Reviews

This written publication is wonderful. It is probably the most incredible publication i actually have read through. Its been written in an extremely basic way in fact it is merely following i finished reading this publication where basically transformed me, alter the way i believe. -- Adan Fritsch

Extensive guide! Its such a good read. I really could comprehended every little thing using this composed e pdf. Your way of life period will probably be transform once you total reading this publication. -- Angelica Morissette

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